

## BODY

	50 mins	80 mins
FLOW	\$220	\$300
TRANQUILITY	\$195	\$270
DEEP TISSUE	\$220	\$300
RECOVERY	\$230	\$310
MOMMY TO BE	\$195	
GLOW YOUR OWN WAY + MASSAGE		\$330
GLOW YOUR OWN WAY	\$275	
SERENITY BODY RITUAL		\$300

## COUPLES

	50 mins	80 mins
FLOW	\$220	\$300 <i>per person</i>
TRANQUILITY	\$195	\$270 <i>per person</i>
DEEP TISSUE	\$220	\$300 <i>per person</i>
MOMMY TO BE	\$195	<i>per person</i>
GLOW YOUR OWN WAY + MASSAGE		\$330 <i>per person</i>
GLOW YOUR OWN WAY	\$275	
SERENITY BODY RITUAL		\$300 <i>per person</i>

## ENHANCE YOUR EXPERIENCE

CBD OIL		\$50
REVITALIZING FOOT TREATMENT	30m	\$85

## FACE

	50 mins	80 mins
REVIVE	\$215	\$285
FIRE & ICE	\$225	\$295
CLARIFYING	\$265	\$350
LIFT & GLOW	\$265	
SECRET		\$405
ULTRA HYDRATION		\$350
ENRICH		\$420
PRODIGY PEEL	\$275	

## ENHANCE YOUR EXPERIENCE

*Performed during your therapy.*

LED		\$50
DERMAPLANING		\$65
GUA-SHA		\$60
FIRE & ICE DECOLLETAGE TREATMENT		\$75
FIRE & ICE HAND TREATMENT		\$40
BROW WAX	30m	\$50
LIP WAX	15m	\$28
CHIN WAX	15m	\$28
BROW TINT	15m	\$30
LASH TINT	30m	\$45

## WAX

HALF ARM	45m	\$40
FULL ARM	45m	\$65
FULL FACE	45m	\$90
UNDERARM	30m	\$35
FULL LEG	45m	\$95
HALF LEG	45m	\$65
FULL BACK	45m	\$85
HALF BACK	45m	\$45
BIKINI YOUR WAY	45m	\$65
BRAZILIAN	45m	\$95

## FIND YOUR PERFECT FIT

Join us at the barre or on your mat for one of our signature, intentionally programmed FIT classes.

Please see the Front Desk for this week's schedule.



## FIT CLASSES

SINGLE CLASS	\$ 30
5 CLASS PACK	\$ \$140 <i>(\$28 per class)</i>
10 CLASS PACK	\$ \$270 <i>(\$27 per class)</i>
20 CLASS PACK	\$ \$510 <i>(\$25.50 per class)</i>

## PERSONAL TRAINING

1 SESSION	\$ 140
<i>(expires 2 months after purchase)</i>	
5 SESSION PACK	\$ \$625 <i>(\$125 per session)</i>
<i>(expires 4 months after purchase)</i>	
10 SESSION PACK	\$ \$1,100 <i>(\$110 per session)</i>
<i>(expires 8 months after purchase)</i>	

## EXHALE EVERYWHERE

Access total wellbeing everyday – at home, on the road, or in a hotel. Our daily live stream classes + on-demand library includes 500+ Barre, Cardio, HIIT and Yoga fitness classes.

Start your free trial today:

[ondemand.exhalespa.com/](https://ondemand.exhalespa.com/)

**exhale**<sup>®</sup>  
FIT.SPA.LIFE.

## BECOME A MEMBER

Prioritize your wellbeing with a dedicated hour of time to yourself each month so you're better equipped to conquer the rest of that to-do list.



### FIT MEMBERSHIP

\$159/MONTH

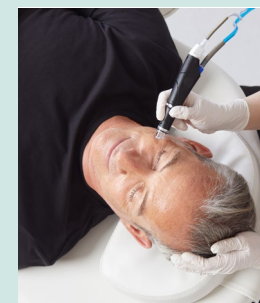
- Unlimited fitness classes
- 25% off boutique purchases
- 25% off spa services
- Exclusive invites & early access to featured member events and product launches



### SPA MEMBERSHIP

\$159/MONTH

- One spa therapy/month
- 25% off boutique purchases
- 25% off additional spa services
- Exclusive invites & early access to featured member events and product launches



### LIFE MEMBERSHIP

\$199/MONTH

- Unlimited fitness classes
- One spa therapy/month
- 25% off boutique purchases
- 25% off additional spa services
- Exclusive invites & early access to featured member events and product launches



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Call 617-603-3100 or scan to book